



**Outaouais region  
community of  
the Native  
Alliance of  
Quebec**

**Local 059**



**Region 02**

### **In this issue :**

A word from the Vice-President and Director of Economic development	2
A word from the President on Memberships	2
Indigenous Prayer	2
Passed Activities 2024-2025	3
Interpretation et Inspiration of the NAQ 059 Logo	4
Upcoming Activities	4
Board of Director	4
Facebook contact	4

# Kwé Kwé

**Newsletter**

**Volume 16 - Number 1**

**Spring 2025**

## **Message from the President—April 2025**

Kwé dear members,

As I write these lines, my environment is all white, an exceptional winter. The cold, the snow, but spring, the equinox, is upon us! Afterwards, the days get longer, the sun's rays are warmer and the snow melts. Winter will soon be a memory. The sap will rise in the trees, the maples will flow, we will eat taffy. It is the awakening of nature and it is pleasant to walk outside.

Since the fall, our community has been very active: The Solstice celebration this year welcomed a record number of participants! Many had brought their drums to accompany Stéphane Romain. It was an unforgettable moment. A good meal, gifts for our children and good humor.

News: Robert Simard, Christine Laflamme and Kassandra Durand-Lafleur have ended their term on the board of directors. We would like to thank them for their commitment to our community. Monique Marcil-Morrisette takes over from Patrice Pharand in the Membership adventure, and Patrice remains responsible for economic development. Anne-Marie Liberty takes over the secretariat in addition to being responsible for communications. The instructor Larry Vanasse along with the organisation and animation of Christine Laflamme delivered the talking stick workshop which was fully booked. Monique Marcil-Morrisette is in charge of the drum awakening planned for March, and we'll keep you updated as soon as we implement new activities.

In addition to the presidency, I am working hard to be less indispensable. I am still looking for a competent person to take over the Treasurer and the traditional activities. We are all volunteers, and each responsibility is essential to keep our community alive.

Our Annual General Meeting will be held on May 24, 2025, you will receive the details shortly. I look forward to talking with you.



Don't hesitate to share your comments with us. Happy reading!

In peace, harmony and friendship,

Lucie Veilleux, President

## A Word from the Vice-President and Economic Development Director

We have not concluded any agreements with new partners for purchase discounts.

On the other hand, several members mention that they obtain discounts by presenting their AAQ card when it comes time to pay for their purchases.

### TO DO

Ask the following question:

Will you give me a discount with my Quebec Native Alliance card?

The merchant is free to give you a discount or not. You must remain courteous at all times.

### TO NOT DO

Never ask to cancel taxes as this could be considered an attempt at **fraud**.

Happy shopping

Patrice Pharand, Director

## Memberships

Our community membership is currently growing and requires more and more hours of work. Monique Marcil Morrisette has agreed to take over this committee. She is currently learning how to review membership applications, and I continue to take care of contributions, updating files and answering members' questions.

The provincial office has set up an automated system for invoices that are sent to members by email. When you receive your invoice, we encourage you to pay everything via the WEB because the processing is done immediately and automatically.

Lucie Veilleux, President



We would also like to acknowledge the contribution of the City of Gatineau, our official partner, which is continuing its support for the year 2025, as well as the collaborative work of the provincial office.

## Indigenous Prayer

O Great Spirit, father of all creations.

We are gathered here on this day of festivity to thank you for your generosity throughout the year.

May the sun bring us new energy each day.

May the night heal our physical wounds and those of our spirit.

May the wind carry away our worries.

May we walk peacefully on the path of life.

Let us keep our hearts in peace and acquire the wisdom of our elders.

Meg8tch



## 2024-2025 PASSED ACTIVITIES



### Drum Making Workshop

**November 9, 2024**

Over 3 consecutive years of having M. Daniel 'Pinock' Smith of Kitigan Zibi to teach this workshop and as always, what a great success!



### Our community's Winter Solstice celebration December 8, 2024

A record year in participation! And what's more, with our special guest Stéphane Romain, who offered us his songs while inviting the participants to follow with their drums, a very touching moment! The party then took place as every year, with good times together between members while playing games, welcoming Santa Claus and distributing gifts to children and teenagers, as well as the prize draw, sale of indigenous crafts from our members, and a hot meal and cold buffet.



### Talking Stick Workshop

**February 8, 2025**

With a full turnout of 20 participants, instructor Larry Vanasse, with the help of his sister Christine Vanasse and with the organization and animation by Christine Laflamme, introduced participants to the unique opportunity to learn the history, tradition and spirituality of this ancient and powerful communication tool and to create their own talking stick.





**Native Alliance of  
Quebec  
Outaouais Region  
Community**

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Our ancestors lived on  
Turtle Island for over  
10,000 years. We are the  
protectors of  
Mother Earth.  
Here in the Outaouais  
region, we live on a  
traditional, unceded  
territory of the  
Algonquin Nation.

Kwé Kwé!  
Native Alliance of Quebec  
Outaouais Region  
Community Newsletter  
Layout :  
Renée-Claude Sauriol

Send us your texts, pictures  
and comments by email :  
aaqcommunaute059@live.ca



## AAQ 059 Logo inspiration and representation

At the heart of the logo we find the circle of life which represents the four cardinal points, the four seasons, the elements and the values essential to life.

In the spring section, we find the salmon which represents determination, courage, resilience and perseverance.



In the summer quarter we find the wolf who gives us the teachings and intelligence to fill our reserves for harder times.



In the autumn quarter we find the deer who represents grace, gentleness and connection with nature for this season of harvest and gifts from nature.



In the winter quarter we find the bear paw which represents power, strength and healing and this to help us get through this dead season.



At the center of the circle of life crossing the seasons we notice the great river which represents our community of Kitchi sipi.



Around the circle of life we can see feathers symbolizing peace and luck.

All inside a turtle symbolizing the union of our great family that is our community AAQ 059.



Larry Vanasse, Logo Designer

Note : Don't forget to thank Mother Nature for everything she provides to us.

### 2025 Board of Directors



President : **Lucie Veilleux**  
Vice-president and Director of Economic  
Development : **Patrice Pharand**  
Membership Director : **Monique Marcil  
Morrisette**  
Secretary-Treasurer : **Vacant**  
Communications Director : **Anne-Marie  
Liberty**  
Cultural Activities Director and Volunteer  
Committee : **Vacant**  
Head of Housing committee and Director :  
**Kimberly Perrier**  
Directrice : **Nicole Brady**

### Upcoming Events

**Annual General Assembly**  
Saturday, May 24, 2025, 10:00 a.m.  
\*the invitation will follow

#### **Planned workshops for 2025, subject to the teachers and rooms availabilities :**

Drum awakening  
Initiation to Pickleball  
Dream catcher  
Indigenous medicinal plants  
Archery  
\* Informations will follow by email and our  
Facebook page

### Facebook group

Please visit our Facebook group regularly to see the different announcements, activities and information at 'Communauté de l'Outaouais Québécois de l'Alliance Autochtone du Québec 059'